

without Stimulants?

(Coffee/Energy Drinks)

Based on Real Life Experiences

by Bianca & Juan-Carlos



Are You Ready to Experience Consistent Energy without Stimulants? (Coffee/Energy Drinks)

- NO Chemicals
- NO Drugs
- NO Hormones
- NO Steroids
- NO Stimulants
- NO Contraindications

^{*} Disclaimer – None of the Products are meant to Treat, Cure, Diagnose, or Prevent any Disease

My husband and I are sharing this in the Spirit of Agape Love, in order to help give Hope to other people who are going through similar health challenges.

Whoever has shared this book with you Cares and Loves You very much.

We Finally Found something that is Life Changing, mutually beneficial, and worth sharing.

We keep experiencing and witnessing Remarkable results from using the patches and other beneficial products.

The more You learn the more You will appreciate what these patches and products can do to help improve Your Quality of Life and the lives of your loved ones.

These Patches will help
Add Years to Your Life
and
Life to Your Years.

Stay connected with us via email at wearelightgivers@gmail.com for more Free and Useful Resources.

You will find that these patches and products can help you with more than just consistent energy.

See the additional resources towards the end of the book.

Important Information for the Reader

The information presented in this book is based on personal experiences.

The information in this book is not intended for self-diagnosis or treatment of any diseases, nor is it a substitute for the advice or care of a licensed healthcare provider.

Sharing of the information in this book with the attending physician is highly desirable.

This book is intended to help you become aware that there are alternative options concerning your long-term health goals.

When you are ready to Experience something more whole-istic, let us know.

The Products that are being shared with You have:

- NO Chemicals
- NO Drugs
- NO Hormones
- NO Steroids
- NO Stimulants
- NO Contraindications
- Do Not Interfere with anything
- Nothing is going inside of Your body
- NO Side Effects

Greetings, my name is Juan-Carlos.

Before learning about the patches and the aromatherapy spray, I would struggle with having enough energy to get through the day.

I would find myself having to take One or Two - 15 minute naps per day in order to recharge.

I had little to no energy to do anything that was actually enjoyable.

It was very challenging for everyone in our family because everyone would be affected.

My little ones would wear me out and I often would tell my sons that I did not have enough energy to keep up with them.

I was not able to enjoy quality time with my family due to the lack of energy.

Everything became a hassle to deal with. Everyday tasks became a burden and a chore.

I do my best to eat properly.

Drinking coffee did not help to stimulate any energy production for me.

I would wet my face in order to help me stay up.

On any trip that required more than 2 hours of travel, I would have to resort to drinking some type of energy drink.

I would be in a state of fatigue and tiredness on a daily basis.

I would not even make time to exercise which was taking a toll on my overall health.

Thankfully, I was fortunate enough to meet Pat, Diane, and Carroll who shared what I call the Miracle patches with me.

Because these awesome women are very kind, generous, and thoughtful beings, they invited my family, me, and other people to a patching party/event at a restaurant on June 22, 2023.

These wonderful women informed us that;

- We can wear the patches 12 hours on and 12 hours off.
- It is important to be well hydrated.

- Encouraged us to keep track of our progress via the 1 page Health Tracker.
- That in order to help Activate, Regenerate, Repair, Rejuvenate, and Renew your body at a cellular level, it is best to use the patches everyday similar to a daily vitamin.
- These patches are Non-Transdermal meaning that nothing is going to transfer into our bodies.
- Being Consistent is incredibly important.
- There are No Contraindications meaning that the patches do not interfere with any medications or anything else that we may be using.
- NO Chemicals
- NO Drugs
- NO Hormones
- NO Steroids
- NO Stimulants
- NO Side Effects

Various people shared their Remarkable Real Life Experiences with all of us.

As I heard various people share their Remarkable Life Changing stories I was inspired to get a set of patches.

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I finally had real hope that these patches can help us experience the wellness we have been missing.

We initially got the patches to help my wife Bianca overcome migraine headaches that would go on for 3 to 4 days non-stop every month. (check out <u>How You can Get Rid of Headaches or Migraines Fast</u>) at wearelightgivers.com

I witnessed how the migraine headaches went away and never came back, due to her consistent use of the patches for everyday wellness.

I began to research more about what else these patches can help our bodies do.

I learned that there are patches and even an aromatherapy spray that we can use to stimulate natural energy production in our body.

The energy patches are based on a 2 patch system, the Tan patch goes on the left side of our body and the White patch goes on the right side of our body.

Turns out that the NAVY Seals actually used these energy patches.

The Patches basically turn excess body fat into energy.

These patches have also been proven to improve our mitochondrial system.

These patches have been and continue to be used by top athletes such as NFL players, swimmers, and tennis players just to name a few.

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There is also an aromatherapy spray that we can spray on the inside of our wrist and smell it at least 7 times, which helps to wake us up in the morning and increase our energy.

The aromatherapy spray is also great to use before exercising or while on long road trips.

I have noticed that the spray has helped to improve my performance in every way no matter what the activity is.

You can easily say that the aromatherapy spray is similar to Love potion #9.

Our Love life continues to improve.

Both my wife and I are very satisfied with the results.

My wife and I experience consistent energy without being jittery or bouncing off the walls or any crash.

We are able to take care of daily chores and run errands without feeling tired.

We enjoy quality time with our little ones and have the ability to be very present and in the moment.

We no longer experience being fatigued.

We are able to make time to exercise no matter what time of the day because we have extra energy to work out.

We do not need to drink coffee or any other energy drinks of any kind.

On long trips we use the aromatherapy spray when needed to help keep us up and alert.

We also noticed that our overall mood has improved as well.

We are beyond grateful to these wonderful women who took the time and chance to share this Life Changing Phototherapy with us.

We see the patches and the aromatherapy sprays as tools that allow our body to operate at the most optimal level.

The patches and aromatherapy sprays are part of a Health, Wealth, & Wellness Lifestyle.

If this short real life experience has helped you and you want to learn more we invite you to connect with us and to pay it forward by sharing this useful knowledge with your Loved ones.

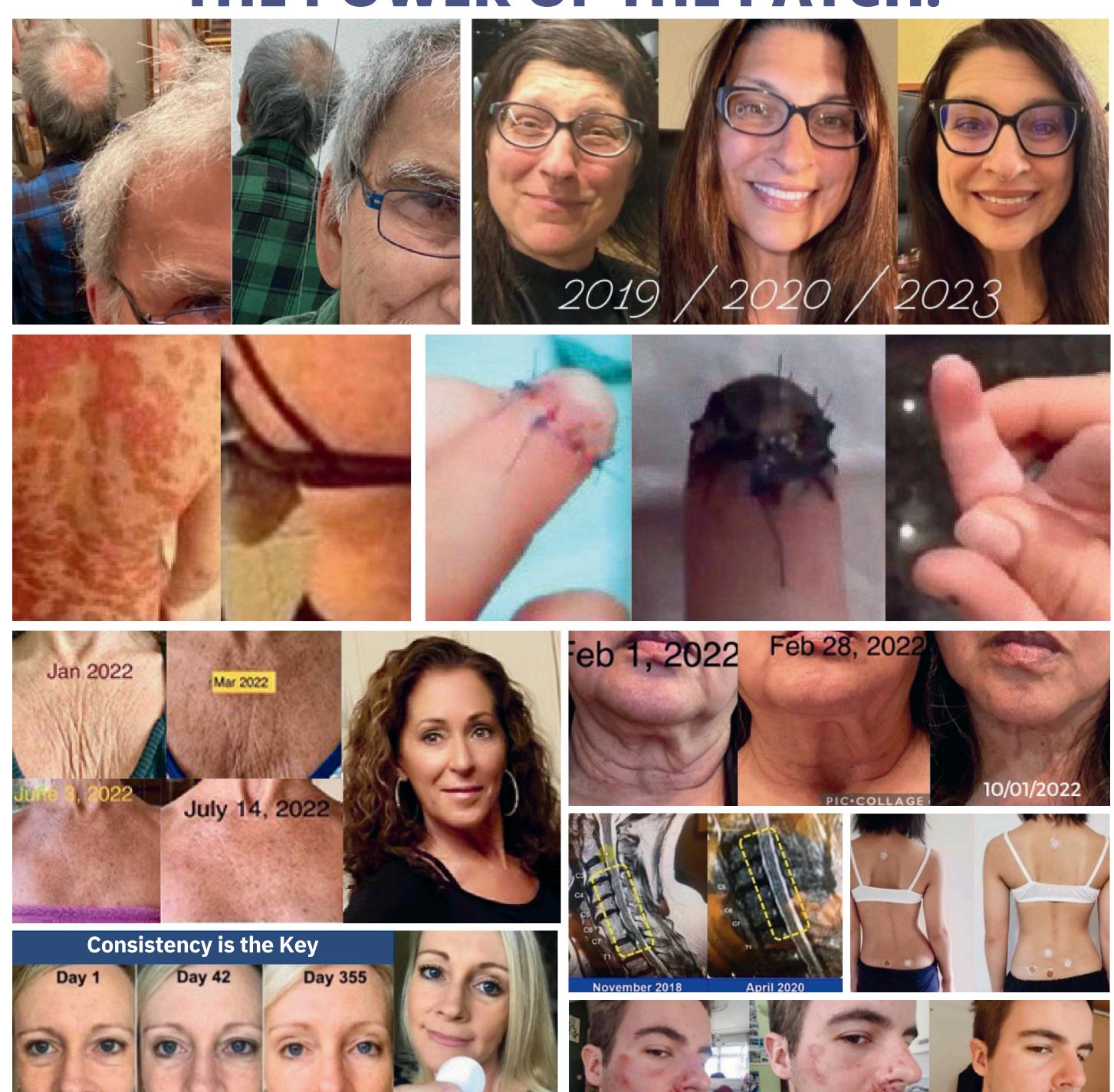
We are grateful to be of service.

Stay tuned in with us as we will be sharing more short books about real life experiences we have had and witnessed.

Thank You.
Peace, Love, Light, & Healing
from Juan-Carlos & Bianca

BEFORE & AFTER

THE POWER OF THE PATCH!



HOW THE PATCHES WORK

A simple story of how our Patented Patches work.

When you're in the sun, the light from the sun signals the body to increase Vitamin D production.

Our patented patches don't need the sun because our bodies also emit light which is reflected off the patch and back into our tissue.

The organic crystals in the patch change the wavelength of the light in a process called photo-biomodulation = Light making change in the body.

Patch USAGE INSTRUCTIONS:

- Complete the "Before" column on the Health Benefits Tracker below
- Apply one patch in the morning Wear the patch for 12 hours, REMOVE and DISCARD before bedtime
- You can also place the patches on the inside of your clothes
- The next day, complete the "24 hours" column on the Health Benefits Tracker
- Keep tracking your benefits for 90 days with the Health Benefits Tracker

PLACE ONE PATCH ON EITHER OF THESE TWO LOCATIONS

- Apply to clean, dry skin in the morning
- Patches may be worn for up to 12 hours before discarding
- Keep well-hydrated during your patching experience





(Rate yourself on a 1-10 Scale)

HEALTH BENEFITS TRACKER

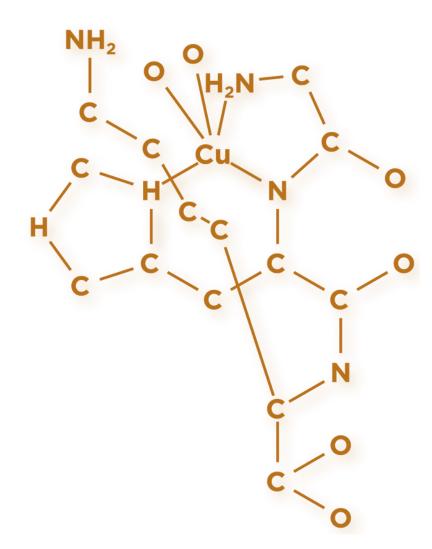
| Section 1: A higher # is better with these Symptoms - 10 is Excellent | | | | | | | | | | |
|---|--------|----------|--------|---------|---------|---------|---------|---------|--|--|
| | Before | 24 hours | 7 days | 14 days | 21 days | 30 days | 60 days | 90 days | | |
| Quality of Sleep | | | | | | | | | | |
| Mental Clarity | | | | | | | | | | |
| Energy & Vitality | | | | | | | | | | |
| Stamina | | | | | | | | | | |
| Recovery Time from Exercise | | | | | | | | | | |
| Muscle Strength & Tone | | | | | | | | | | |
| Mobility | | | | | | | | | | |
| Skin Appearance | | | | | | | | | | |
| Feeling of Well Being | | | | | | | | | | |
| Other: | | | | | | | | | | |

| Section 2: A lower # is better with these Symptoms - 1 is Excellent | | | | | | | | | | | |
|---|--------|----------|--------|---------|---------|---------|---------|---------|--|--|--|
| | Before | 24 hours | 7 days | 14 days | 21 days | 30 days | 60 days | 90 days | | | |
| Pain | | | | | | | | | | | |
| Inflammation | | | | | | | | | | | |
| Headaches | | | | | | | | | | | |
| Mood Swings | | | | | | | | | | | |
| Fine Lines & Wrinkles | | | | | | | | | | | |
| Age Spots | | | | | | | | | | | |
| Scars | | | | | | | | | | | |
| Other: | | | | | | | | | | | |

- Warnings: Remove immediately if you feel excessive discomfort or if skin irritation occurs.
- The Patches can also be placed on the inside of your clothes.
- For external use only. Do not ingest.
- Do not use directly on open wounds or damaged skin.
- Ask your health professional before using if you have a health condition or have questions and concerns about your health.
- Do not use if pregnant or nursing.

GHK-Cu Copper Peptide: The Holy Grail of Healing

Dr. Loren Pickart discovered GHK and many of its biological effects with his original thesis is titled: "A TriPeptide From Human Serum" (June 1973)



GHK-Cu Copper Peptide activates Stem Cells for full body repair and regeneration!

GHK-Cu Copper Peptide is proven to ACTIVATE your stem cells, PRODUCE more stem cells, and RESET your stem cells to a younger healthier state.

Why is that important? Stem cells have the unique ability to change into any cell your body needs for repair and regeneration, just like when you were younger.

Our cells are constantly wearing out, forcing our body to work around the clock to make new and healthy cells. Your activated younger stem cells turn those old cells young and healthy again! In fact, within 24 hours, GHK-Cu Copper Peptide resets 4,000 genes to a younger, healthier state.

As we age, we produce less and less stem cells, slowing down our body's ability to repair itself. By age 35 we have lost 50% of our stem cell activity. By age 65 we have lost almost all our stem cell activity. When we activate our body with these younger pluripotent stem cells, they have the unique ability to turn into whatever cell the body needs for repair.

Your new stem cell army is now activated! Even if you don't immediately feel the effects, rest assured your army of stem cells is now hard at work repairing your most critical issues first before moving on to something you do feel.

The Benefits of GHK-Cu Copper Peptide

SKIN & HAIR

- GHK tightens loose skin and thicken older skin
- GHK reduces fine lines and depth of wrinkles
- GHK increases hair growth and thickness
- GHK accelerates wound healing

LUNG PROTECTION

- GHK tops the list for chronic pulmonary issues
- GHK restores healthy function in lung cells
- GHK protects lung cells from damage

ANTI-FAST GROWING CELLS

- GHK tops the list to combat Fast Growing COLON cells
- GHK resets the PROGRAMMED CELL DEATH for aging cells
- GHK inhibites NFKB p65 which promotes fast growing cells
- GHK repaires damaged cells (47 genes up, 5 genes down)
- GHK resets 84 genes to inhibit fast growing cells

BRAIN & NERVES

- GHK resets human genes important to proper neuron function with 408 UP and 230 DOWN
- GHK induces strong Anti-Stress & Anti-Anger
- GHK induces Anti-Discomfort Activity
- GHK is being used for damaged spinal cords

ANTIOXIDANT POWER

- GHK increases SOD1
- GHK suppresses NFKB, a primary cause of aging
- GHK completely blocks oxidation

ACTIVATES STEM CELLS

- GHK causes adult Stem Cells to start producing again
- GHK produces more Stem Cells and resets Stem Cells to a younger, healthier state

The First Few Days

4,000 Genes begin to reset

Within 24 hours 3,000-4,000 genes begin to reset to a younger healthier state.

Within

YOUR NEW ARMY IS ACTIVATED

4 Weeks

Your new army is now activated and attracted first to your most critical issues that need repair and regeneration, which you may not feel, such as an internal organ or tissue, before helping something you do feel.

Within 6 Weeks

BRAIN BALANCING

A recent study has shown, after six weeks, the **brain became more balanced** as shown on QEEG brain mapping. These types of changes help calm an overactive brain leading to a decrease in multiple symptoms such as memory, depression, anxiety, sleep and more.

~ 2019 PSY-TEK Labs

Within

COLLAGEN IS INCREASED

3 Months Your collagen is elevated initiating rapid repair of tissue in your body.

Within 6 Months

REDUCED HEART AGE

Cardiovascular System Changes Occur

The cardiovascular portion of the organ function study showed that after 6 weeks the cardiovascular systems acted eight weeks younger. So, if one does the math, for every day you wear the patch the cardiovascular system acts a day and a third younger.

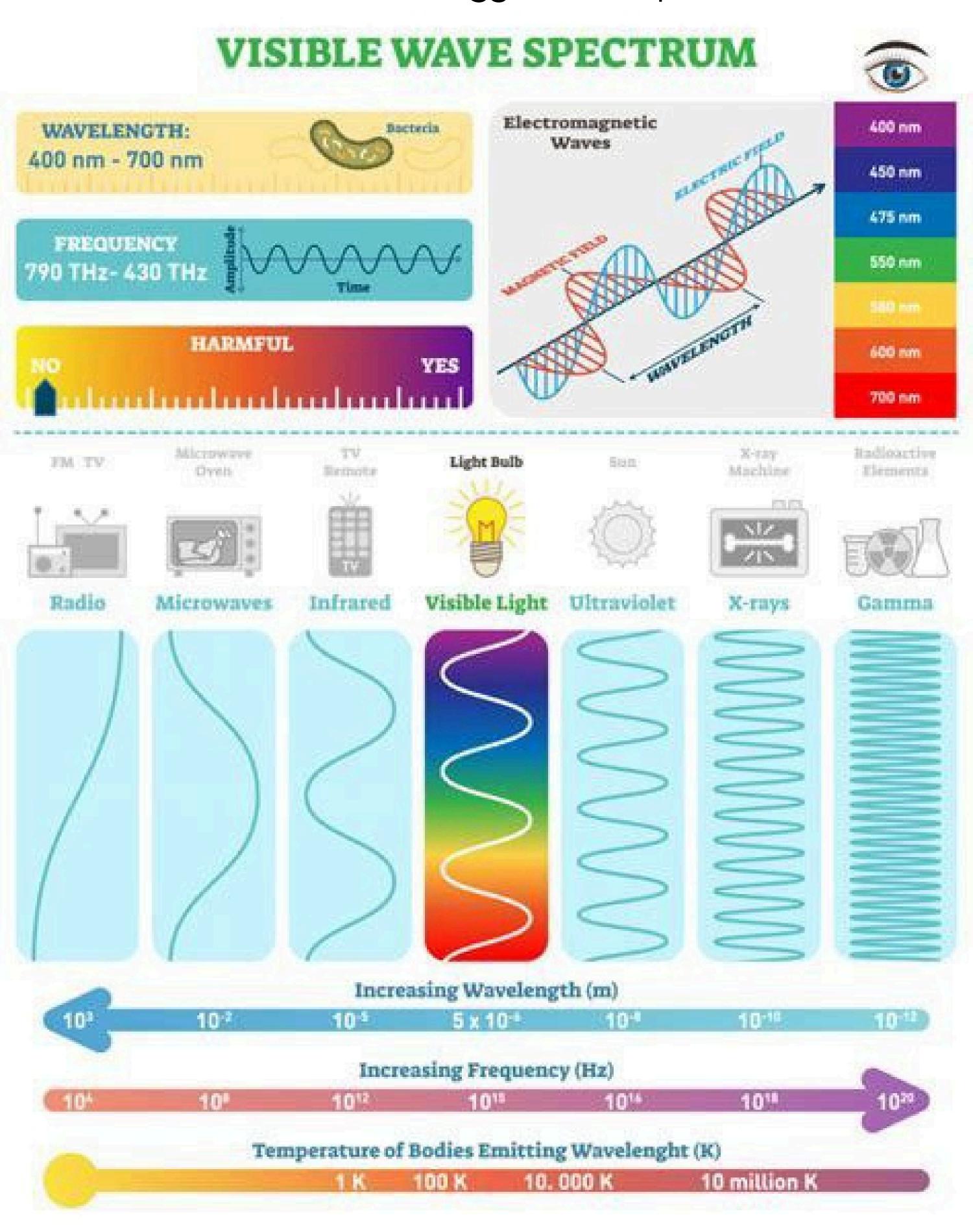
~ The Center for Biofield Sciences

Within 12 Months

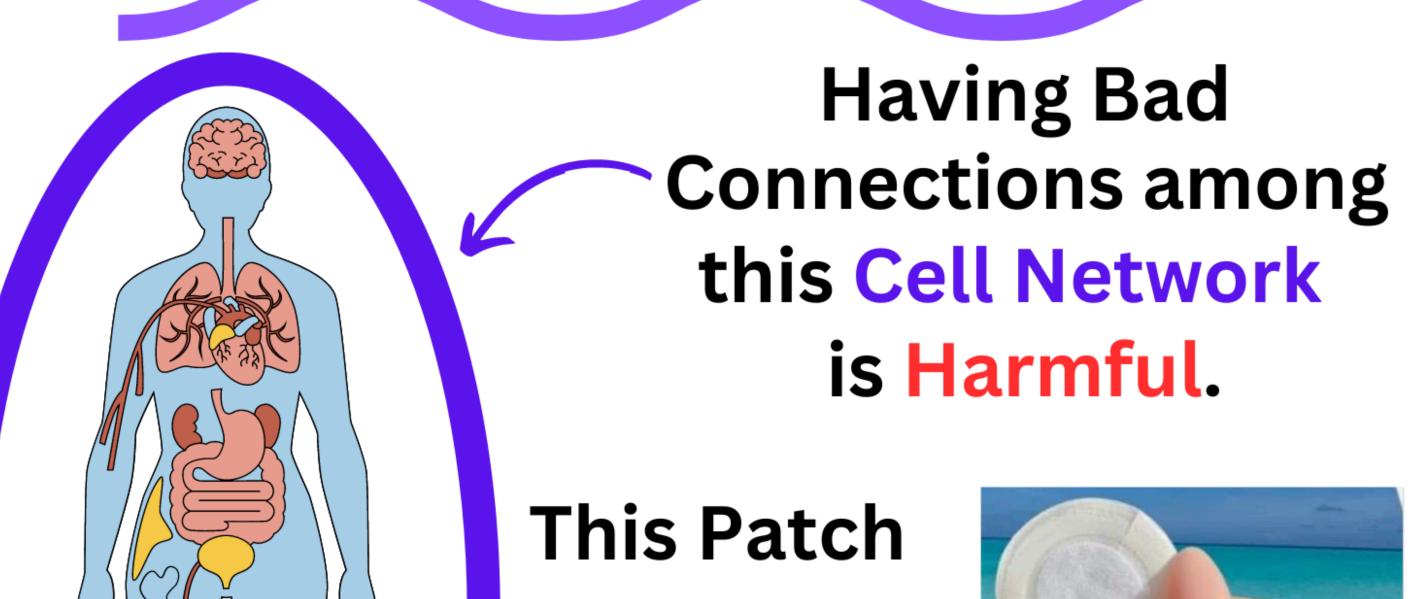
REGENERATION IS NOTICEABLE

You look and feel younger inside and out.

These patches work due to the Light Wave Spectrum. It is all about Energy and Frequencies.



Having Bad Connections among this Cell Network is Annoying.

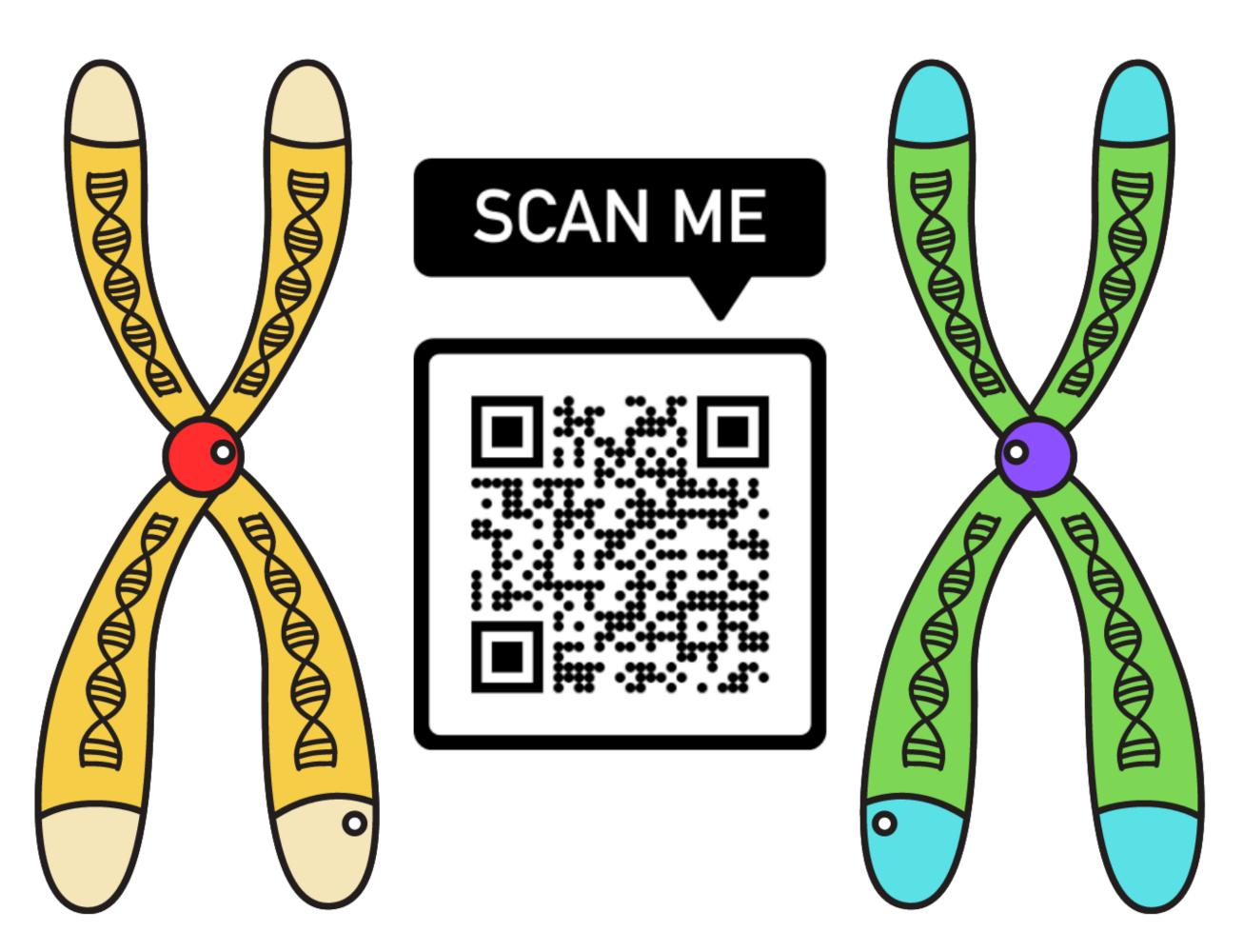


Can Help
Improve
Your Connections
in Meaningful
Ways

Connect with us Now! and Experience the Possibilities

SCAN ME

A little stem cell humor for You.



What did the Dormant Stem Cell say to the Active Stem Cell?

Telomere more about it

